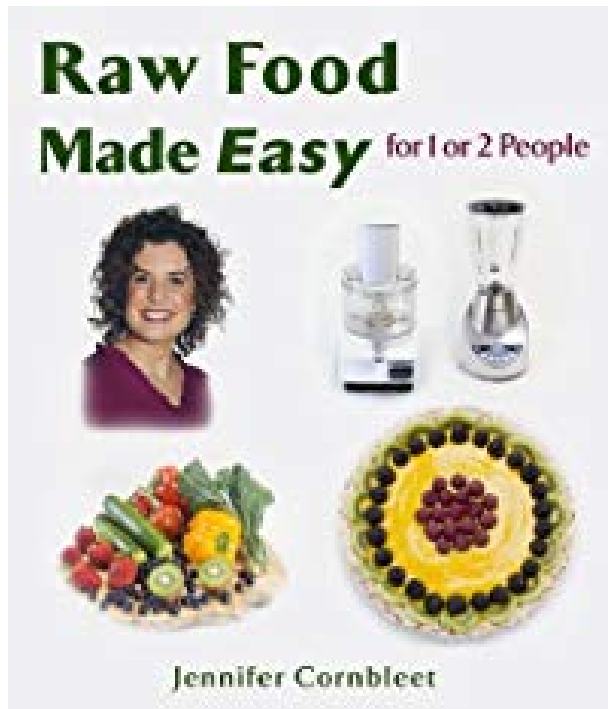


Raw Food Made Easy: For 1 or 2 People



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Well known Chicago-based cooking instructor, Jennifer Cornbleet, shares her favorite no-cook recipes in smaller quantities ideal for one or two people. Essential time-saving tips and techniques, along with clear instructions, prove you don't have to toil in the kitchen in order to enjoy nutritious, delicious raw food.