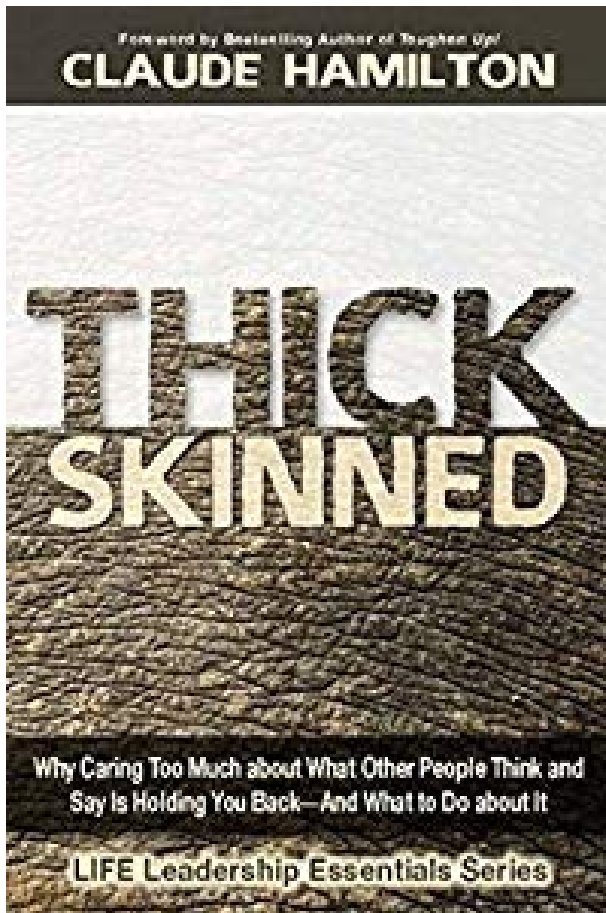


# Thick-Skinned (LIFE Leadership Essentials Series)



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The downfall of many people is in worrying about what others think. Having thick skin is the exact ingredient that can help those who are looking to round out this area of their lives that often holds them back. This book will help you figure out why you are thin-skinned, show you how to ignore the negative speak from others and focus on positive thoughts instead, and teach you ways to develop thicker skin so you can flourish without hesitation.