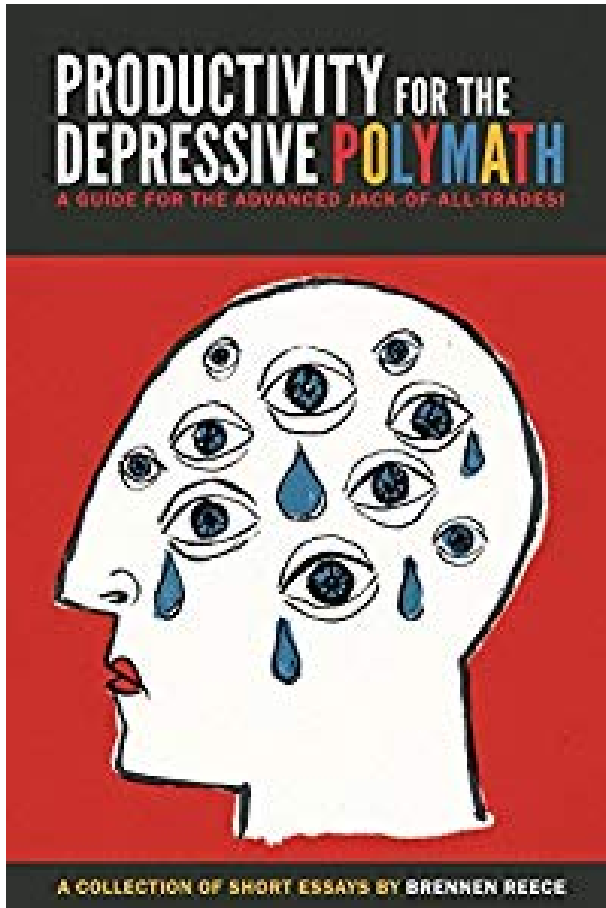


Productivity for the Depressive Polymath



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This small book provides practical advice for the modern renaissance person on navigating turbulent waters of life, work, art, and relationships. It includes a complete productivity system, writing exercises to help clarify what really matters to you, and small, brutal doses of truth.