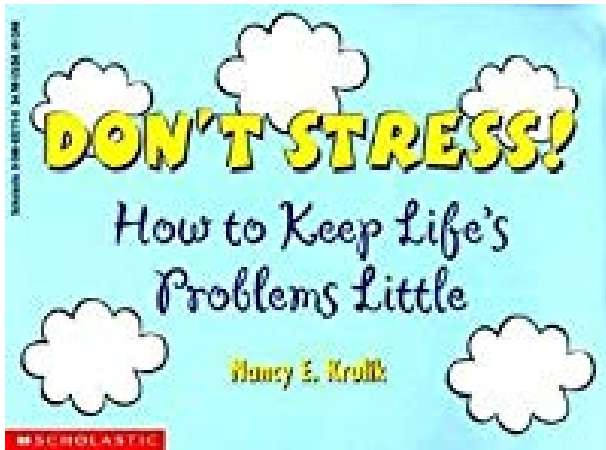


Don't Stress! How To Keep Life's Problems Little



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Children will discover simple ways to manage the demands of school, friends, and family in this collection of fifty-six thoughtful mini essays. Each page contains one easy-to-read suggestion to combat stress.