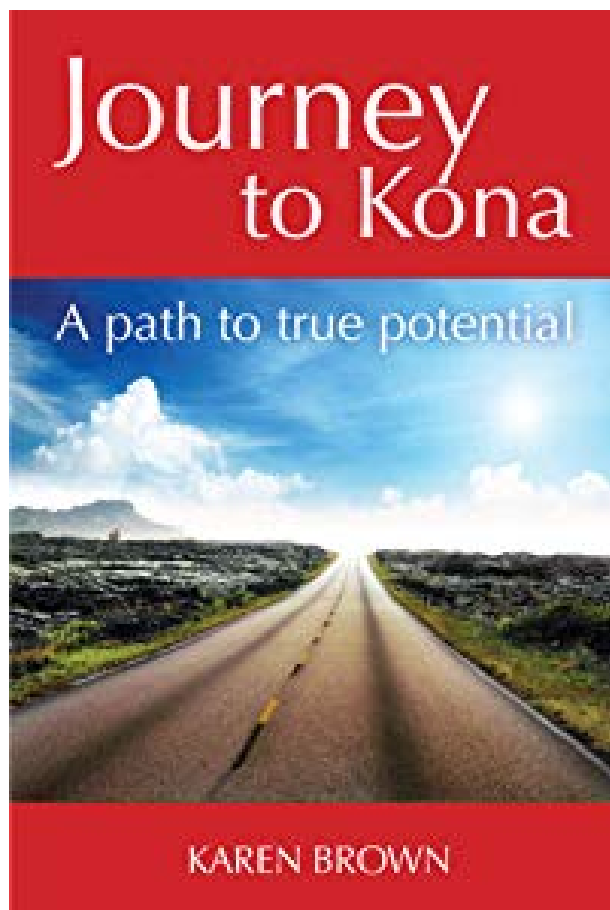


Journey to Kona: A path to true potential



Pages:	165
Published:	October 2014 by Divine Potential, LLC
Genre:	Uncategorized
Author:	Karen Brown
ISBN13:	9780990840107
ISBN10:	0990840107
Goodreads Rating:	3.80
Language	English

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Many of us give up on our dreams because the perceived safety of our comfort zone lulls us into inertia. Karen Brown's story serves as an allegory for realizing dreams of any kind. She fulfilled her True her Divine Potential by competing in the most difficult triathlon in the world: the Ironman World Championship in Kona, Hawaii. Reading Karen's story will show you how to deal realistically with the physical, emotional, and mental preparation all types of goals demand. To get started on fulfilling your dream, you first need to wake up! This book is your wake-up call. Karen's path to her Divine Potential was her Journey to Kona. What's your Kona?